



**CENTRE FOR MULTI-DISCIPLINARY DEVELOPMENT RESEARCH
(CMDR)**

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INDIAN KNOWLEDGE SYSTEMS UNIT Essay Writing Competition 2.0

Theme: Bharatiya Jnana Parampara (Indian Knowledge System) for Today's Life

Introduction

An Essay Writing Competition titled “Essay Writing Competition 2.0” was organized to promote awareness and understanding of Bharatiya Jnana Parampara (Indian Knowledge System) and its relevance in modern life. The competition aimed to encourage students to explore India’s rich intellectual heritage and apply its principles to contemporary challenges.

Objectives of the Competition

Firstly, it aimed to create awareness among students about the depth, diversity, and relevance of Indian knowledge traditions. Secondly, it sought to inspire participants to critically analyze and interpret ancient wisdom in the context of present-day issues. Thirdly, the competition was designed to enhance students’ writing, research, and analytical skills.

Another important objective was to nurture a sense of pride and respect for India’s cultural and intellectual heritage. By engaging with topics related to Bharatiya Jnana Parampara, students were encouraged to appreciate the contributions of ancient scholars and thinkers and recognize their influence on global knowledge systems.

Theme Overview

The theme, “Bharatiya Jnana Parampara for Today’s Life,” focused on the practical applications of traditional Indian knowledge in modern society. Participants explored various dimensions of Indian knowledge systems, including Ayurveda, Yoga, Vedic mathematics, astronomy, environmental science, governance, and ethics.

Many students highlighted how Ayurveda promotes a holistic approach to health by emphasizing balance between body, mind, and spirit. Similarly, Yoga was discussed as a powerful tool for maintaining physical fitness and mental well-being, especially in today’s stressful lifestyle. Essays also touched upon ancient Indian contributions to mathematics, such as the concept of zero and advanced computational techniques, which continue to influence modern science and technology.

Environmental sustainability was another key aspect explored by participants. Traditional Indian practices, such as respect for nature, conservation of resources, and sustainable living, were discussed as solutions to current environmental challenges like climate change and pollution. Additionally, philosophical concepts such as Dharma (duty), Karma (action), and Ahimsa (non-violence) were analyzed for their relevance in promoting ethical behavior and social harmony in contemporary society.

Submission Guidelines / Essay Requirements

- ❖ Essays must be original and unpublished.
- ❖ One entry per participant and Word limit: 2500-3000 words.
- ❖ Submission format: Typed, double-spaced, Times New Roman,
- ❖ 12-point font.
- ❖ Submit entries via email: **cmdriks@cmdr.ac.in**
- ❖ Language: English / Kannada
- ❖ Margins: 1 inch on all sides and Pages must be numbered

Evaluation Criteria

- ❖ Evidence-based content and originality (30%)
- ❖ Critical thinking and analysis (25%)
- ❖ Writing style and flow (20%)
- ❖ Grammar and vocabulary (10%)
- ❖ Structure and organization (5%)
- ❖ References / Sources of information gathered (10%)

Judging Process

- ❖ Initial screening by the organizing committee
- ❖ Qualified entries evaluated by the expert panel
- ❖ Top entries shortlisted for the final round and Winners selected by distinguished judges

Prizes Money for the Competition

| | |
|-------------------------|--|
| FIRST PLACE | Rs. 10,000/- With Certificate |
| SECOND PLACE | Rs. 7,000/- With Certificate |
| THIRD PLACE | Rs. 5,000/- With Certificate |
| SPECIAL CATEGORY PRIZE: | Rs. 3, 000/- Certificate (Only if recommended by the panel of Judges) |

The last date for submission of Essay was 31.12.2025. However, keeping in examination time and based on the request received for extension of deadline to receive applications, the last date was extended up to 15.1.2026. In total there are 49 applications selected after scrutinizing.

Following tables provide details of applications in different criterion.

State / Region wise participation of participants in the IKS 2.0 Competition

| Rank | Region | States | Total Participants | Percentage (%) |
|--------------|---------------|--|--------------------|----------------|
| 1 | South India | Karnataka, Telangana, Kerala | 27 | 55.1% |
| 2 | West India | Maharashtra, Gujarat | 11 | 22.4% |
| 3 | North India | Uttar Pradesh, Haryana, Himachal Pradesh | 6 | 12.2% |
| 4 | East India | Jharkhand | 2 | 4.1% |
| 5 | Central India | Madhya Pradesh, Chhattisgarh | 3 | 6.1% |
| Total | | | 49 | 100% |

Gender wise participation

| Gender | Number of Participants | Percentage |
|--------------|------------------------|-------------|
| Female | 31 | 63.3% |
| Male | 18 | 36.7% |
| Total | 49 | 100% |

Institutional Representation

| Institution Type | Number of Participants |
|---------------------------|------------------------|
| Degree Colleges | 20 |
| Engineering Colleges | 10 |
| Agricultural Universities | 6 |
| Medical Colleges | 4 |
| Universities (General) | 4 |
| IIT / Specialized Inst. | 2 |
| Others | 3 |
| Total | 49 |

The evaluation process was designed to be impartial, focusing on criteria such as originality, clarity of thought, depth of research, and adherence to the competition's guidelines. By inviting following experienced judges, the competition aimed to uphold the highest standards of fairness and accuracy, ultimately recognizing and rewarding the most insightful and well-crafted essays. Following is the panel of Evaluators:

1. Prof. M. Kotresh
Senior Professor and Dean
Department of history and Archaeology
Tumkur University
Tumkur - 572103
Karnataka
2. Dr H M Vinaya Kumar, PhD
Assistant Professor (Agril. Extension) and
Technical Officer
Office of the Vice Chancellor
KSNUAHS, Iruvakkki-577412,
Shivamogga,
Karnataka (India)
3. Dr. Manoj. Dolli
M.A (Eco), Ph D, PGDIRPM, PGDMSM
Professor
Dept. of Economics
Karnatak University
Dharwad

The following students emerged as winners of the Essay Competition in order of their score assigned by the Judges

| Rank | Name | Title | Score | State |
|------|--------------|---|-------|----------------|
| 1st | Mahima R K | ಭಾರತೀಯ ಜ್ಞಾನ ಪರಂಪರೆ ಎಂಬ ಬೆಳಕು ದೀವಟಿಗೆ: ಅವಲೋಕನ | 71.33 | Karnataka |
| 2nd | Rajeev Singh | Holistic Life Education: An Indian Knowledge Systems Perspective” | 68.67 | Madhya Pradesh |
| 3rd | Aadya Gautam | The Source Code of Bharat: Debugging the Future with Ancient Wisdom | 68.33 | Jharkhand |

Consolation Prize

| | | | | |
|----|------------------------|---|-------|-----------|
| C1 | P. V. Sai Dileep | From Tradition to Transformation: Indian Knowledge Systems as Pathways to Sustainable Development | 67.67 | Karnataka |
| C2 | Mahek Shabbir Hawaldar | Yoga & Mental Health: India's Gift to a Burnout World | 67.00 | Karnataka |
| C3 | Danish Chauhan | Hardware of God, Software of Sages: Rebooting Modern Life with Bhartiya Jnana Parampara | 66.33 | Jharkhand |

Highlights IKS Essay Competition 2.0

- Students showcased a deep understanding of Indian traditions and their modern applications.
- Many essays emphasized the importance of Yoga and Ayurveda in maintaining physical and mental well-being.
- Innovative ideas were presented on integrating traditional wisdom into modern education and lifestyle

Conclusion

The Essay Writing Competition 2.0 was a great success in promoting awareness about Bharatiya Jnana Parampara. It not only enhanced students' writing abilities but also deepened their appreciation for India's rich intellectual and cultural heritage. The event encouraged participants to recognize the timeless relevance of Indian knowledge systems in shaping a balanced and meaningful life today.



Director

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